

Westbridge Community Church

October 23, 2025

Hurry Sickness

“Martha, Martha,” the Lord answered, “you are worried and upset about many things, but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her.” Luke 10:41-42, NIV

Remedy #1:

- Focus on what’s _____

Remedy #2:

- Focus on the _____ things, _____ at a time

Remedy #3:

- Focus on _____ not the _____